

2024	Date	Lecture	Institution	Participant Category
1	24.01.2024	Mind First 1	Army HQ, Colombo	Army Officers
2	31.01.2024	Mind First 2	SBSCH, Peradeniya	SBSCH, Peradeniya
3	05.02.2024	Mind First 3	Base Hospital, Mawanella	Health Staff
4	12.03.2024	Smart Parent - 1	SBSCH, Peradeniya	SBSCH, Peradeniya
5	27.03.2024	Smart Teens 1	Gateway college, Kandy	Students
6	12.05.2024	Smart Teens 2	Deltota Hospital , KSM	Students
7	13.05.2024	Mind First 4	Communitny Mental Health Centre, Katugastota	Staff, Teachers & others
8	03.06.2024	Mental Concepts - 1	Zonal education office, Kandy	Primary Teachers
9	12.06.2024	Smart Life - 1	AGA office , Kundasale	Office staff & Field officers
10	25.06.2024	Smart Parent - 2	AGA office , Hanguranketha	Parents & Officers
11	28.06.2024	Posture Perfect	HSBC Hawlock town Colombo	Staff
12	04.07.2024	Smart Parent - 3	Ambagasdowa Janadhipathi Vidyalaya, Welimada	Parents
13	16.07.2024	Smart Teens 3	Zahira College Gampola	AL Students
14	15.08.2024	Mind First 5	Yokohama TWS , Sapugaskanda	Ex. Staff
15	28.08.2024	Smart Teens 4	Hemamali Girls School, Kandy Science Day	Students
16	29.08.2024	Mind First 6	Yokohama TWS , Sapugaskanda	Ex. Staff
17	15.09.2024	Smart Teens 5	Provincial Camp - STJOHN Central Province	Students
18	02.10.2024	Smart Life - 2	Science Faculty, University of Peradeniya	Students
19	10.10.2024	Mental Concepts - 2	Yokohama TWS - Teachers Kelaniya Zone	Teachers
20	24.10.2024	Smart Parent - 4	Sugathananda Vidyalaya, Kurukkuwa, Madampa	Parents
21	29.10.2024	Smart Teens 6	Hemamali Girls School, Kandy New AL students	Students
22	03.11.2024	Smart Teens 7	Gampaha District Camp - Nalanda Boys college	Students
23	29.11.2024	Mind First 7	Provincial Director Health Office staff - Central	Staff
24				